

## Recent Books from New Zealand – Sept 2020

Mary Martin Booksellers Pte Ltd  
Blk 231, Bain Street  
#03-05, Bras Basah Complex  
Singapore 180231  
Tel : +65-6883-2284/6883-2204  
Fax : +65-6883-2144  
[info@marymartin.com](mailto:info@marymartin.com)  
[www.marymartin.com](http://www.marymartin.com)

### Biography/Memoirs

This Pakeha Life : An Unsettled Memoir / Alison Jones  
Wellington: Bridget Williams Books Ltd, 2020  
240p.  
9781988587288  
\$ 50.00 / PB  
322gm.

*This book is about my making sense here, of my becoming and being Pākehā. Every Pākehā becomes a Pākehā in their own way, finding her or his own meaning for that Māori word. This is the story of what it means to me. I have written this book for Pākehā – and other New Zealanders – curious about their sense of identity and about the ambivalences we Pākehā often experience in our relationships with Māori.*

A timely and perceptive memoir from award-winning author and academic Alison Jones. As questions of identity come to the fore once more in New Zealand, this frank and humane account of a life spent traversing Pākehā and Māori worlds offers important insights into our shared life on these islands.

<http://www.marymartin.com/web?pid=718164>

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The (Almost) True Story of a Man Called Jack / Vivienne Lingard  
Auckland: Artistry Publishing, 2020  
260p.  
9780473533984  
\$ 40.00 / PB

414gm.

The (almost) true story of a man called Jack, is a fictionalised memoir about my father, John Frederick Lingard Fowlds. He was such a character, I decided to make him one in his own story. Altering names and events, was freeing, enabling me write my family as 'other'. I loved that. The story recounts Jack McPhee's life through the 1950s and 60s with his family in Silverstream, in the Hutt Valley north of Wellington. The McPhees live in a dilapidated old villa, which would be in today's terms be known as 'the worst house in the best street'. Thigh-high weeds are the garden, crazed concrete is the front yard. The four children share the one bedroom and the parents sleep in the lounge. But Jack has a plan to renovate. Jack always has a plan. He tries his hand at sign-writing, singing, acting and art. He is funny, playful, and just loves life. But he is also hard-working; running bookstalls, bookshops and a travelling library during his short life. The (almost) true story of a man called Jack, will likely make you laugh, and cry, but it is certainly going to wish that you had known the man called Jack.

<http://www.marymartin.com/web?pid=718165>

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In The Time of the Manaroans / Miro Bilbrough  
Wellington: Victoria University of Wellington Press 2020  
304p.  
9781776563128  
\$ 50.00 / PB  
484gm.

At fourteen Miro Bilbrough falls out with the communist grandmother who has raised her since she was seven, and is sent to live with her father and his rural-hippy friends. It is 1978, Canvastown, New Zealand, and the Floodhouse is a dwelling of pre-industrial gifts and deficiencies set on the banks of the Wakamarina River, which routinely invades its rooms. Isolated in rural poverty, the lives of Miro and her father and sister are radically enhanced by the Manaroans—charismatic hippies who use their house as a crash pad on journeys to and from a commune in a remote corner of the Marlborough Sounds.

Arriving by power of thumb, horseback and hooped canvas caravan, John of Saratoga, Eddie Fox, Jewels and company set about rearranging the lives and consciousness of the blasted family unit.

*In the Time of the Manaroans* brilliantly captures a largely unwritten historical culture, the Antipodean incarnation of the Back to the Land movement. Contrarian, idealistic, sexually opportunistic and self-mythologising too, this was a movement, as the narrator duly discovers, not conceived with adolescents in mind.

<http://www.marymartin.com/web?pid=718166>

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Tree of Strangers / Barbara Sumner  
Auckland: Massey University Press, 2020  
240p.  
9780995135406  
\$ 45.00 / HB  
272gm.

Like many adopted people, filmmaker Barbara Sumner yearned to know who her mother was. New Zealand's closed adoption laws made that almost impossible and coloured her chaotic adolescence and adult life. When she finally tracked her mother down, a longed-for reunion ended in tragedy. This remarkable, moving, beautifully written memoir explores Sumner's conviction that everyone who loses their mother suffers some degree of physiological damage. They are all grafted onto the tree of strangers.

<http://www.marymartin.com/web?pid=718167>

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Bill and Shirley : A Memoir / Keith Ovenden  
Auckland: Massey University Press, 2020  
200p.  
9780995131835  
\$ 45.00 / HB  
242gm.

Bill Sutch and Shirley Smith were two of New Zealand's most significant twentieth-century figures; Sutch as an economist,

influential civil servant, and inspirational proponent of innovation in the fields of social and economic development, and Smith as glass-ceiling breaker in the formerly male-dominated world of the law. Keith Ovenden's wise, urbane memoir begins with the early years of his marriage to Sutch and Smith's only child, Helen Sutch, and carries through Sutch's trial on charges under the Official Secrets Act to Smith's death over 30 years later. It offers unprecedented insights into both the accusations against Sutch and Smith's remarkable legal practice and, behind both, some of the dramas of their domestic life. Deeply intelligent and beautifully crafted, *Bill and Shirley: A Memoir* is a unique and intimate study of two complex and fascinating New Zealanders.

<http://www.marymartin.com/web?pid=718168>

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### **Business/Management**

*Survive and Thrive : Entrepreneurship Frame Works That Work : Easy to Follow How-to-Guides, to Create your Entrepreneurship Initiative / Paul Kewene-Hite*  
Wellington: Matanga Hapai, 2020  
424p.  
9780473535032  
\$ 65.00 / PB  
836gm.

Easy to follow how-to guides, to create your entrepreneurial initiative. *Survive & Thrive* is designed for entrepreneurs, and hopeful entrepreneurs, of all ages, education levels, and backgrounds. The frameworks in this book have been used successfully in coaching and training individuals and groups in schools and companies of all sizes across industries around the world. The frameworks have also been used successfully by individuals on their own. This book will shine a light onto various entrepreneurial paths, helping you see a way forward. Use these frameworks as power tools to help you do more than survive... learn to thrive!

<http://www.marymartin.com/web?pid=718169>

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## Cookbook

Hiakai : Modern Maori Cuisine / Monique Fiso with Lucy Corry & Tracy Berno (Photography) Manja Wachsmuth & Amber-Jayne Bain

Auckland: Godwit (Penguin Random House New Zealand), 2020  
272p.

9780143772606

\$ 80.00 / HB

1270gm.

Monique Fiso is a modern-day food warrior, taking Maori cuisine to the world.

After years overseas in Michelin-star restaurants, Monique returned to Aotearoa to begin Hiakai, an innovative pop-up venture that's now a revered, award-winning restaurant in Wellington.

Monique has also gone on to feature on Netflix's 'The Final Table', alongside 19 other international chefs, with Hiakai being lauded by the *Wall Street Journal*, *New York Times*, *Los Angeles Times*, *National Geographic*, *Forbes* and *TIME* magazine, which named Hiakai in 2019 as one of the '100 Greatest Places' in the world.

This book is just as unforgettable: ranging between history, tradition and tikanga, as well as Monique's personal journey of self-discovery, it tells the story of kai Maori, provides foraging and usage notes, an illustrated ingredient directory, and over 30 breathtaking recipes that give this ancient knowledge new life. *Hiakai* offers up food to behold, to savour, to celebrate.

<http://www.marymartin.com/web?pid=718170>

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## History

The First Pakehas Around Wellington and Cook Strait 1803 to 1839 / Rhys Richards

Wellington: Paremata Press, 2020

292p.

Includes Index

9780473516499

\$ 60.00 / PB  
756gm.

The settlers in the New Zealand Company arrived belatedly in 1839, decades after the first foreign visitors to Port Nicholson and Cook Strait. The leaders of the new colony clearly sought to downplay and ignore the vital preparatory role played by their pakeha predecessors. Wakefield wanted the new colony to begin with a clean slate, to be an unsullied replica of 'English society'. Anyone present before the 'new home' was established on Wakefield's ideals, was judged to be out of place, to be ignored and cast out of polite society before they might pollute the new model. The Nobs and Snobs of the new colony clearly preferred to ignore those who had preceded them. The first sealers, whalers and traders around Cook Strait and Port Nicholson before 1839, were indeed a motley lot, but they should no longer be denied their rightful place as Wellington's first pioneers. Included are 50 mini-chapters about those pakeha who were here before the colony in Wellington began belatedly in 1839. There is also a chapter by Charles Heaphy on what he saw at Port Nicholson in 1839, and an appendix written by the late John O'C. Ross on 'The European Discovery and Naming of Port Nicholson'.  
<http://www.marymartin.com/web?pid=718171>

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When Darkness Stays : Hohepa Kereopa and a Tuhoe Oral History / Paul Moon  
Mangawhai, Northland: David Ling Publishing Limited, 2020  
140p.  
9781927305676  
\$ 40.00 / PB  
356gm.

This extraordinary book – unsettling, harrowing, and ultimately redemptive – is based on the time the author spent with the Tūhoe tohunga, Hōhepa Kereopa. It plunges deep into a cultural landscape that has almost vanished, bringing to light insights that are enriching and sometimes shocking.

The work climaxes with a staggering oral history that has never appeared in print until now, and which reveals one of the most tragic and distressing events in the country's colonial era.

<http://www.marymartin.com/web?pid=718172>

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## Literature

Heart of Flame : Katherine Mansfield's Flowers and Tree /  
(Compiler) Beverley Randell (Artist) Jenni Shoemith  
Petone: Steele Roberts Aotearoa Publishers, 2020  
116p.

Includes Index ; Bibliography

9781990007163

\$ 40.00 / HB

398gm.

Katherine Mansfield adored the natural world - flowers, trees and seasons. "I had so many flowers when I was little, I got to know them so well that they are simply the breath of life to me. It's no ordinary love; it's a passion." This passion shines through her stories, poems and letters and Mansfield created hundreds of vivid and enduring images. Heart of Flame reveals the exuberance and originality of Katherine Mansfield's words, and Jenni Shoemith's lively and lifelike illustrations make it easy to identify the plants she loved so much.

<http://www.marymartin.com/web?pid=718173>

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A Roderick Finlayson Reader : Stories, Essays, Autobiography,  
Poems, Letters / (Ed) Roger Hickin

Lyttelton: Cold Hub Press, 2020

xviii, 254p.

9780473514174

\$ 55.00 / PB

442gm.

Roderick Finlayson (1904–1992) was one of the pioneering New Zealand writers who came to prominence in the 1930s. This selection of his fiction and non-fiction—some of it unpublished, much of it previously uncollected—includes stories from his four

short story collections, two chapters from the novel *Tidal Creek*, excerpts from an unpublished novel, the 1940 essay *Our Life in this Land*, autobiography, memoir, articles, letters and poems.

<http://www.marymartin.com/web?pid=718174>

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Bug Week and Other Stories / Airini Beautrais

Wellington: Victoria University of Wellington Press 2020

184p. ; 138x210mm.

9781776563050

\$ 35.00 / PB

210gm.

A science educator in domestic chaos fetishises Scandinavian furniture and champagne flutes. A group of white-collar deadbeats attend a swinger's party in the era of drunk Muldoon. A pervasive smell seeps through the walls of a German housing block. A seabird performs at an open-mic night.

*Bug Week* is a scalpel-clean examination of male entitlement, a dissection of death, an agar plate of mundanity. From 1960s Wellington to post-Communist Germany, *Bug Week* traverses the weird, the wry and the grotesque in a story collection of human taxonomy.

<http://www.marymartin.com/web?pid=718175>

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Pet Stories / Kathryn van Beek

Auckland: Mary Egan Publishing, 2020

168p.

9780473522575

\$ 25.00 / PB

314gm.

PET Noun: A tamed animal kept for companionship or pleasure; A person treated with special favour. Verb: Stroke or pat; Engage in erotic touching. *Pet* is a dark and humorous short story collection that explores our relationships with children, lovers, and other animals. In these 18 stories we meet a girl in a standoff with the neighbourhood goose killer, a druggie who turns possums into pop culture icons, and an emotional support animal gone wild.

<http://www.marymartin.com/web?pid=718176>

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The Claim / David Briggs  
London, UK: Red Door, 2019  
104p.  
9781910453735  
\$ 18.00 / PB  
292gm.

Evan Cadwallader comes across the almost dead body of a young woman while panning for gold at his inherited claim in the foothills of New Zealand's Southern Alps.

He carries her back to his cottage and as he nurses her back to health, gradually pieces together the story of her life. Evan is torn between his growing feelings for Addie and the pull of his claim, but as the gold begins to flow, they draw ever closer to each other and for a few glorious weeks they thrive. But, like the weather, all must break and what started out blissfully soon turns sinister.

Set during one claustrophobic summer, against a remote and beautiful backdrop, this is a novel about love, loss and companionship that will shimmer under the surface of your thoughts for months to come.

<http://www.marymartin.com/web?pid=718177>

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How to be Old : Poems / Rachel McAlpine (Ed) Mary McCallum  
Wellington: The Cuba Press, 2020  
96p.  
9781988595177  
\$ 30.00 / PB  
170gm.

Wellington writer Rachel McAlpine blogs and podcasts about living and ageing and is celebrating her 80th birthday with a book of poems. How to Be Old is an explosion of humanity on the page with some practical tips from the author and sage advice from Elsie aged five. Rachel has also written novels, songs and plays, and books about writing. Her website is [writeintolife.com](http://writeintolife.com).

<http://www.marymartin.com/web?pid=718178>

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Nowhere Is Too Far Off / Peter Bland

Wellington: The Cuba Press, 2020

60p.

9781988595207

\$ 35.00 / PB

112gm.

A new collection of poetry from Peter Bland.

<http://www.marymartin.com/web?pid=718179>

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## Psychology

Dark Side of the Brain : Adapting to Adversity / Lance Burdett

Auckland: David Bateman Ltd., 2020

264p.

9781988538570

\$ 45.00 / PB

546gm.

‘Anxiety, depression and suicide affect all families. They’re in my family, they’re in my friends’ families, they’re probably in your family. And, right now, you are thinking about someone you know who is going through or has gone through one of those three things.’

Lance Burdett started writing this book while he was studying for a diploma in positive psychology, then something tragic happened – his seventeen-year-old niece took her own life. From that point on, his world was irreparably changed. This loss proved to him that adversity can hit anyone at any time, often unexpectedly. The loss of his niece, combined with Lance’s own experience of depression spurred him on to share the lessons he’s learned about how the brain works, knowledge which he’s gathered throughout his years both as a police negotiator and later as a resilience and wellness specialist.

In this book, he explains how to control your thoughts, how to reduce the impact of negative emotions, and how to manage your

personal wellbeing so that you won't 'fall over' as he once did. He will also show readers how to identify when somebody else may be struggling with negative thoughts and how to reach out to them in a way that's safe for both of you.

<http://www.marymartin.com/web?pid=718180>

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