

Recent Books from Nepal – June 2018

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Anthropology

Manifesting Gods and Remedial Faults : The Masta Cult of Western Nepal /
Hayami Yasuno
Kathmandu: Vajra Books, 2018
x, 314p.
9789937623995
\$ 32.00 / PB
508gm.

This study is an ethnographic exploration of the Masta cult of a Brahman village named Ludku in the Sija Valley in the Karnali Basin of Western Nepal. It clarifies how the Brahmans turn to the oracular deities, Mastas, when they fall victims to human injustice and supernatural afflictions and that the Mastas work as agents of dos which is translated as remedial faults in opposition to pap (sin) which is generally beyond redemption. The Mastas possess mediums called dhamis who give advice as oracles. Their bhit (power) is not only in possession, but also in rendering justice to resolve the disputes and alleviate misfortune.

<http://www.marymartin.com/web?pid=376060>

Biography/Memoirs

A Soldier's Cry : Chronicles of Vices against National Security of Nepal / Prem. Singh Basnyat PhD, Brigadier General (Retd.)

Kathmandu: Laxmi Basnyat, 2018

160p.

9789937038133

\$ 15.00 / PB

216gm.

A Soldier's Cry: Chronicles of Vices against National Security of Nepal is written by Prem Singh Basnyat, a Brigadier General (Retd) of the Nepalese army. He was commissioned in 1983 and posted to the Sri Nath Battalion as his mother unit, then he spent 12 years at the Bhairav Nath Battalion (Para Commando Special Forces). This book is about the National Security in Nepal during the modern history. It deals with the beginning of formal security policy in Nepal, why Europeans tried to Disintegrate Nepal, and ways to improve National Security.

<http://www.marymartin.com/web?pid=376061>

From India's Freedom to Nepal's Democracy : Memoirs of DB Parihar / (Ed)

Shankar Tiwari

Kathmandu: Public Policy Pathsala, 2018

164p.

9789937028684

\$ 6.00 / PB

124gm.

"Given opportunities, or scope, this little chap will shake the Himalayas!"

Acclamation of Subhas Chandra Bose to DB Parihar when Six year old DB successfully completed his Rotiwala courier Service for exchanging letters in prison.

"As a youth full of courage, farsightedness, patience, skill, tact and vision of a revolutionary, such qualities vibrate in every fibre of your being and are more powerful than a revolver, and with these enormous qualities you will certainly accomplish your mission with success."

Congratulatory Message of Socialist Leader Ram Manohar Lohia to DB Parihar in March 1947 before leaving for secret mission to Kathmandu.

<http://www.marymartin.com/web?pid=376062>

Economics/Development Studies

Food and Nutrition Security Situation in Nepal / Dr. Pushpa Ram Bhakta
Mathema

Kathmandu: Mrs. Meera Mathema, 2018

280gm.

\$ 25.00 / PB

506gm.

<http://www.marymartin.com/web?pid=376063>

General

Itoshi Book of Records Nepal / (Ed) Shivahari Sapkota

Kathmandu: Itoshi Books Pvt. Ltd.2018

viii, 362p.

Includes Index

9789937023214

\$ 15.00 / PB

462gm.

<http://www.marymartin.com/web?pid=376064>

The Amazing Treasures of Nepal : A Research Work / Ekraj Rai

Kathmandu: Om Books & Stationary Supplier, 2017

270p.

9789937024679

\$ 25.00 / PB

356gm.

This book is an attempt to initiate the readers of various sectors towards the perceptibility of the significance of beautiful and splendid treasures of Nepal.

<http://www.marymartin.com/web?pid=376065>

The World between Lives 4 : Real testimonies of the afterworld – Death is not painful (I was reunited with my pet in her next life) / Ken Morita
Kathmandu: Vajra Books, 2018
x, 134p.
9789937924511
\$ 5.00 / PB

A scientific exploration of the afterworld and rebirth, enabling those who read it to be able to retain their memories of this life and the afterworld when they begin their next life.

<http://www.marymartin.com/web?pid=376066>

History

Fifteenth Century Tibet : Cultural Blossoming and Political Unrest :
Proceedings of a Conference Held in Lumbini, Nepal, March 2015 / (Ed)
Volker Caumanns & Marta Sernesi
Lumbini: Lumbini International Research Institute, 2017
xxii, 314p.
Includes Bibliography
9789937030427
LIRI Seminar Proceeding Series, Volume 8
\$ 42.00 / PB
524gm.

<http://www.marymartin.com/web?pid=376067>

Mountain Bound : Writings from the Himalaya / (Ed) Lucia de Vries
Kathmandu: Vajra Books, 2018
460p.
Includes Bibliography
9789937623919
\$ 25.00 / PB
604gm.

No other part of the world appeals to the adventurous and spiritual heart as much as the Himalaya.

A large body of literature has been produced by visitors who adopted the Himalaya as their (temporary) home. Their accounts stole the hearts of those who longed for new discoveries or for a mystical, harmonious place, far removed from the industrialized world.

This book presents the 19th and 20th century's most inspiring Himalayan visitors and their accounts.

These captivating stories from 'the abode of snow' provide an intimate insight into the hardships and delights faced by those who fell under the spell of the Himalaya.

<http://www.marymartin.com/web?pid=376068>

Rivalry Among Superpowers of Nepal / Gen. (Rtd.) Rishi Kumar Pandey
Kathmandu: Rishi Kumar Pandey, 2018
320p.
9789937041676
\$ 25.00 / PB
364gm.
<http://www.marymartin.com/web?pid=376069>

Law

A Textbook on Nepalese Legal System / Rewati Raj Tripathy
Putalisadak, Kathmandu: Sahayatra Nepal Publication Pvt. Ltd., 2018
xii, 208p.
9789937039024
\$ 20.00 / PB
262gm.
<http://www.marymartin.com/web?pid=376070>

The Constitution of Nepal 2072 (2015) : Including Historical Background and Explanatory Commentaries : Including First Amendment of February 28, 2016 / Laxmi Prasad Kharel

Putalisadak, Kathmandu: Pairavi Prakashan, 2016

248p.

\$ 15.00 / PB

232gm.

<http://www.marymartin.com/web?pid=376071>

Literature

Nepalese Folklore : The Merchant from Tibet and Others Tales / Ram Bikram Sijapati

Kathmandu: Ratna Pustak Bhandar, 2018

viii, 176p.

9789937331524

Ratna Folklore Series No. XIII

\$ 8.00 / PB

152gm.

In this book--the second from the Ratna Folklore Series that I have undertaken to translate the stories contained within were collected by Mr. Ram Bikram Sijapati from various places throughout Nepal. The title of the original book published in 1980 in Nepali language was Nepali Lakkatha Sangalo. The stories cover a wide range of characters including; ogres, flying beds, fate-dealing deities and fighting siblings, and as standard fare, an array of ukhan (Nepali sayings or proverbs) that are guaranteed to enlighten while entertain the reader on various topics.

<http://www.marymartin.com/web?pid=376072>

Monsoon : A Nepal Detective Story / Arne Drews (Translation from German)
Evelyn Trapp & Tim Brown
Kathmandu: Vajra Books, 2018
x, 118p.
9789937924528
\$ 5.00 / PB
98gm.

A hostel owner dies falling from a balcony. In his second case, Inspector Sanjit investigates modern slavery, organ transplants and the effect of the rainy season on the life of the people in Nepal.

"The Second case of Inspector Sanjit in Nepal is again full of great local color and offers the necessary tension. You are sucked into the lives of the protagonists in the Gorkha region, both on the victim side and on the investigator side. Besides, you get a lot of background information about the country and its people. I can't wait for the next book in this series. A clear reading recommendation !" - Beata Wiggen, Information manager at dctp and Nepal blogger

<http://www.marymartin.com/web?pid=376073>

Himalaya Gold : A Nepal Detective Story / Arne Drews
Kathmandu: Vajra Books, 2018
x, 122p.
9789937924504
\$ 6.00 / PB
102gm.

Three youths are being abducted in the hills of the Gorkha district. Inspector Sanjit investigates in his first case distribution battles around a natural potency plant called Yarsagumba, th Himalayan Gold.

The Author touches the harsh living conditions of the farmers in the rural district of Gorkha, poor health care and the joys of football.

“It is called Yarsagumba and it is weighed with gold. What is behind this miracle cure that suddenly everyone wants? In his book, written as a detective story, the author reveals this mystery and also gives us insight into the village life of the people at the foothills.

The author shows a deep affection for Nepal and its people. Absolutely worth Reading.” – Dr. Olaf Rieck, Adventurer and mountaineer

“The Reader quickly plunges into a thrilling criminal case in the breathtaking scenery of the Gorkha District in Nepal after the major earthquake in April 2015. By the way, the reader experiences insights into daily Nepalese life, which are usually closed to tourists. Enjoy reading” – Nobert Meyer, Vice-Chairman of the German – Nepalese Society

<http://www.marymartin.com/web?pid=376074>

Politics

Conference Proceedings 2012 : The Annual Kathmandu Conference on Nepal and the Himalaya / (Ed) Shaileshwori Sharma, Khem Shreesh & Shristi Adhikari

Kathmandu: Himal Books (for Social Science Baha), 2018

304p.

9789937597449

\$ 30.00 / PB

386gm.

This book consists of various topics such as tragedy of consensus (crisis in local democracy and options for improved local governance), representation of the maoist insurgency in Yug Pathak's novel Urogenko Ghoda, Education as a poisoned chalice, stability in transition and many more. The papers contained in this volume were presented at the Annual Kathmandu Conference on Nepal and the Himalaya, 18 to 21 July, 2012 and was organized by the Social Science Baha, the Association for Nepal and Himalayan Studies and the Britain-Nepal Academic Council.

<http://www.marymartin.com/web?pid=376075>

Visions of Our Time on International Relations, Politics and Development / Jhala Nath Khanal (Ed) Yogendra Shathi

Baneshwor: Janata Prasharan Tatha Prakashan Ltd, 2018

180p.

9789937925334

\$ 15.00 / PB

150gm.

<http://www.marymartin.com/web?pid=376076>

Religion – Buddhism

Perfect or Perfected? Rongton on Buddha-Nature : A commentary on the fourth chapter of the Ratnagotravibhaga (vv.1.27-95[a]) / Rongton Sheja Kunrig (Translated & Intro) Christian Bernert
Kathmandu: Vajra Books, 2018
x, 150p.
Includes Index ; Bibliography
9789937623988
\$ 20.00 / PB
218gm.

As the most important canonical treatise on Buddha-nature, the Ratnagotravibhaga (also known as Uttaratantrasastra, Tib. rgyud bla ma) established the doctrinal foundations for the Mahayana philosophy of tathagatagarbha, the doctrine according to which all sentient beings are either inherently buddhas or endowed with the potential for awakening. Among the most prominent Tibetan commentaries on this text figures that of the Sakya master Rongtön Sheja Künrig, a prolific writer who was active during the golden age of Tibetan Buddhist philosophy. Refuting on one hand the notion that Buddha-nature is synonymous with mere emptiness, and on the other that the mind is inherently endowed with the Buddha qualities, Rongtön argues for an understanding of Buddha-nature that embraces both aspects of the nature of mind: cognizance and emptiness.

“According to estimates by international organizations, 10-15,000 girls and young women are abducted and forced into prostitution every year from Nepal to India alone. With his gripping Nepal crime thriller "Monsoon", Dr. Arne Drews takes up the topics of organ and human trafficking and impressively describes the cruel and inhuman machinations of the traffickers." - Gereon Wagener, Chairman of BONO-Direkthilfe

<http://www.marymartin.com/web?pid=376078>
